

Preparing for Your State Truck Driving Championship (TDC)



What resources can I use to help me prepare for the competition?

There are many resources that drivers can use to become more competitive at state TDCs. They include:

- Facts for Drivers book (see the Chairman's Challenge Intranet site or go to www.ntdc.fedex.com for details on how to obtain a copy)
- Written practice tests that cover each of the four sections of the Facts for Drivers book
- Pre-trip primer that explains how to conduct a proper competition-style pre-trip.
- Literature and videos that outline techniques to use during a personal interview, including practice questions that a competitor might be asked during this interview.

In addition, many service centers set up road courses and hold practice sessions hosted by senior drivers with TDC experience for all competitors. Check with your site liaison for more details.

Are there any other pointers for how to prepare?

Mark Dietsche, the 2003 NTDC Grand Champion from FedEx Freight, suggests that competitors focus on the area of the TDC that poses the greatest challenge for them. He believes that being well prepared significantly increases your chances of winning. That's why he starts studying the Facts for Drivers workbook for 3-4 hours a day, five days a week a few months prior to the competition.

You can access tips from several NTDC veterans on the Chairman's Challenge Intranet or www.ntdc.fedex.com.

Where can I find out more information on the state TDCs?

Check out the Chairman's Challenge Intranet or www.ntdc.fedex.com each week for the most up-to-date information on the championships.